



let's work together

homework help

Learn more about online safety and digital citizenship by going to the district digital citizenship information/resource website at: <http://parentconnections.canyonsdistrict.org/>



Evaluate Internet sources by evaluating the author, website and content.

A GUIDE TO

Online Safety

2023-2024

FOR PARENTS

Digital Citizenship Coordinator: Ashley MacArthur

10 INTERNET SAFETY TIPS FOR PARENTS

- 1 Don't block all access to technology. Help your child learn to use tech **safely and positively**.
- 2 Take an **interest** in your child's favourite apps or sites. Co-view or co-create at times.
- 3 Be the parent. You're in charge. Set **boundaries** and consider using filtering software.
- 4 Create a family media **agreement** with tech free zones such as cars, bedrooms, and meals.
- 5 Teach your child what **personal information** they should not reveal online (YAPPY acronym).
- 6 Help your child learn to **filter** information online and navigate fact from fiction.
- 7 Navigate digital **dilemmas** with your child. Avoid using devices as rewards or punishments.
- 8 **Balance** green time and screen time at home. Focus on basic developmental needs.
- 9 Don't support your child to sign up for sites with **age restrictions** (e.g. 13+) if they're underage.
- 10 **Learn more:** Explore reliable resources for parents so you can educate yourself.

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Clever

www.clever.com

Here your students will be able to access various educational programs such as: **Canvas, Imagine Learning, ST Math, Dreambox, Savvas Realize, Typing Club, and McGraw Hill.** Students are able to log in using their @csddocs.org email. Here is more information on how to log into clever and other programs at home.

Login at Home Help Sheet

<https://bit.ly/2mq6P2l>



screen time

How much screen time is too much? With any screen media, you want to look at how it engages your child. Maximize your child's screen time by considering the "four C's": Connection, Critical Thinking, Creativity, & Context.



online safety

Take Charge

- Set ground rules. Establish basic guidelines.
- Research before you buy so you understand what technology you bring into your home.
- Don't just sit there! Report suspicious activity to law enforcement or www.missingkids.org/cybertipline

safety tips

- Protect your personal information.
- Don't reveal too much information.
- Once you post something, you can't take it back.
- Use privacy settings.
- Talk to your kids about what they're doing online.

Be a Good Digital Citizen

- Protect private information
- Stay safe online
- Balance time spent online
- Carefully manage digital footprint
- Respect yourself and others
- Stand up to cyberbullying

did you know?

24% of teens go online "almost constantly"

25% of kids experience cyberbullying

40% of college admissions officers look at online profiles

46% of 10- to 23-year olds would change their online behavior if their parents were watching



Information taken from Common Sense Media.
www.common sense media.org

Communicate

- Talk to your kids. Ask questions.
- Be aware of what your kids are doing online.
- Respect their interests, and they are more likely to respect your rules.
- Talk to your children before there is an issue to prevent and protect.

Monitor

- Supervise Internet use on computers and mobile devices.
- Safeguards = Safe Kids.
- No technology can replace your supervision.
- Monitor but don't embarrass. Have safe conversations.

Information taken from NetSmartz Workshop.
www.net smartz.org